

COLOURS CULTURE CLUB

Body Culture – Onboarding Pack

Section 1: Membership Terms & Disclaimer

COLOURS CULTURE CLUB – BODY CULTURE MEMBERSHIP TERMS, CONDITIONS & DISCLAIMER

1. INTRODUCTION

Colours Culture Club (CCC) Body Culture promotes Wellness, it embraces The 3 pillars of Healthy Living that is Fitness and Exercise (includes running), Diet and Nutrition and Mental health and community-based programmes.

2. MEMBERSHIP SCOPE

CCC Body Culture members have access to the clubs Healthy Living and Running Training programmes hosted and facilitated by CCC

Specialised and personalised training is available on request

3. HEALTH & MEDICAL

Running involves inherent risks. Members confirm they are medically fit and advised to seek medical clearance prior to participation.

4. ASSUMPTION OF RISK

Members participate entirely at their own risk and accept responsibility for safety, routes, weather conditions, and equipment.

5. LIMITATION OF LIABILITY

CCC, its directors, coaches, volunteers, and partners shall not be liable for injury, illness, death, loss, or damage arising from participation.

6. COMMUNITY CONDUCT

Members must behave respectfully. CCC reserves the right to suspend or terminate membership for misconduct.

7. FEES & REFUNDS

Membership fees are payable in advance and are non-refundable except where required by law.

8. INTELLECTUAL PROPERTY

All training material, branding, and content remain the property of Colours Culture Club.

9. PRIVACY (POPIA)

Personal information is processed lawfully in accordance with POPIA.

10. ACCEPTANCE

Participation constitutes acceptance of these terms.

Section 2: POPIA Privacy Notice

POPIA PRIVACY NOTICE

Colours Culture Club collects personal information for membership administration, communication, training support, and community engagement. Information is stored securely and is not sold or shared except where required by law.

Section 3: Medical Clearance Declaration

MEDICAL CLEARANCE DECLARATION

I confirm that I am physically and medically fit to participate in running and exercise activities and understand that Colours Culture Club does not provide medical advice.

Section 4: Online Checkbox Disclaimer

ONLINE CHECKBOX CONFIRMATION

☐ I confirm that I have read and accept the Colours Culture Club Virtual Running Club Terms & Conditions, Disclaimer, Privacy Notice, and Medical Declaration, and that I participate at my own risk.